



SUNGAI WAY-SUBANG METHODIST CHURCH



SELF-FEEDING

KOH EARN SOO | 27 SEPT 2020

The Church and Self-feeding



The Church and Self-feeding



What is your favourite food?

Draw your favourite food?



The Church and Self-feeding



Self-feeding is a sign of healthy growth and maturity

In fact, it is **necessary** for healthy growth and maturity.

The Church and Self-feeding



The role of the church

Ephesians 4:11-14 (ESV)

11 And he gave the apostles, the prophets, the evangelists, the shepherds and teachers,

12 to equip the saints for the work of ministry, for building up the body of Christ,

13 until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ,

14 so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.

Self-feeding and holistic growth



Luke 2:52 (ESV)

⁵² And Jesus increased in **wisdom** and in **stature** and in favor with **God** and **man**.

Self-feeding and holistic growth

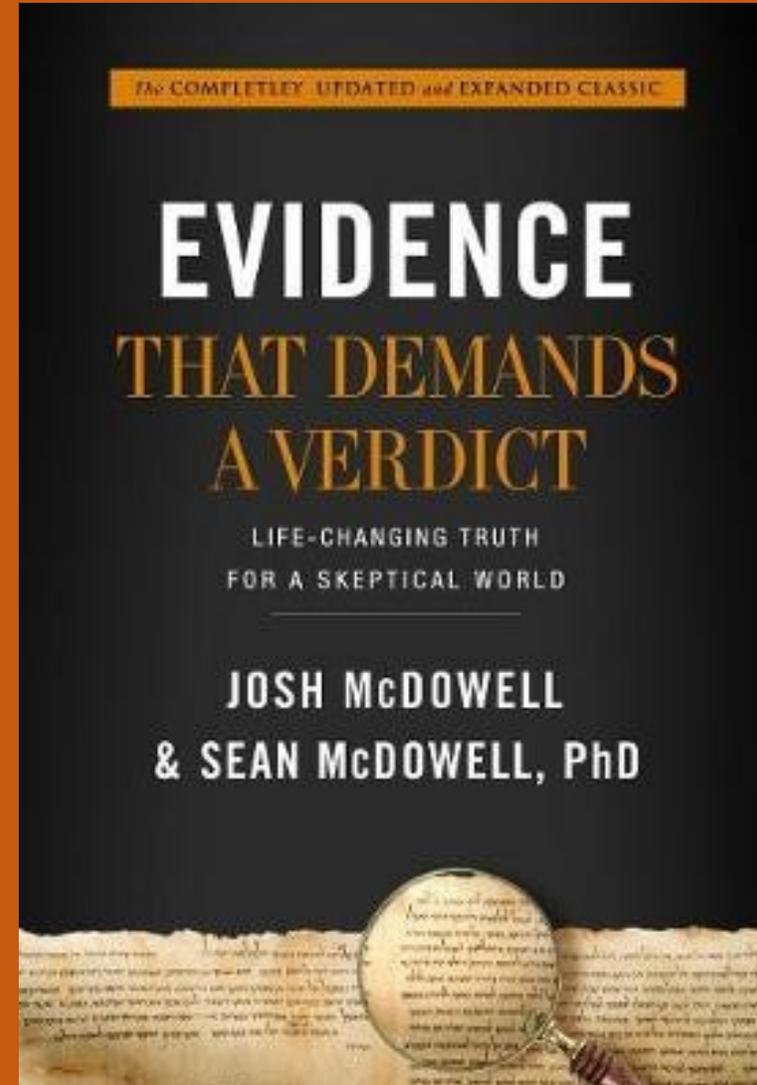
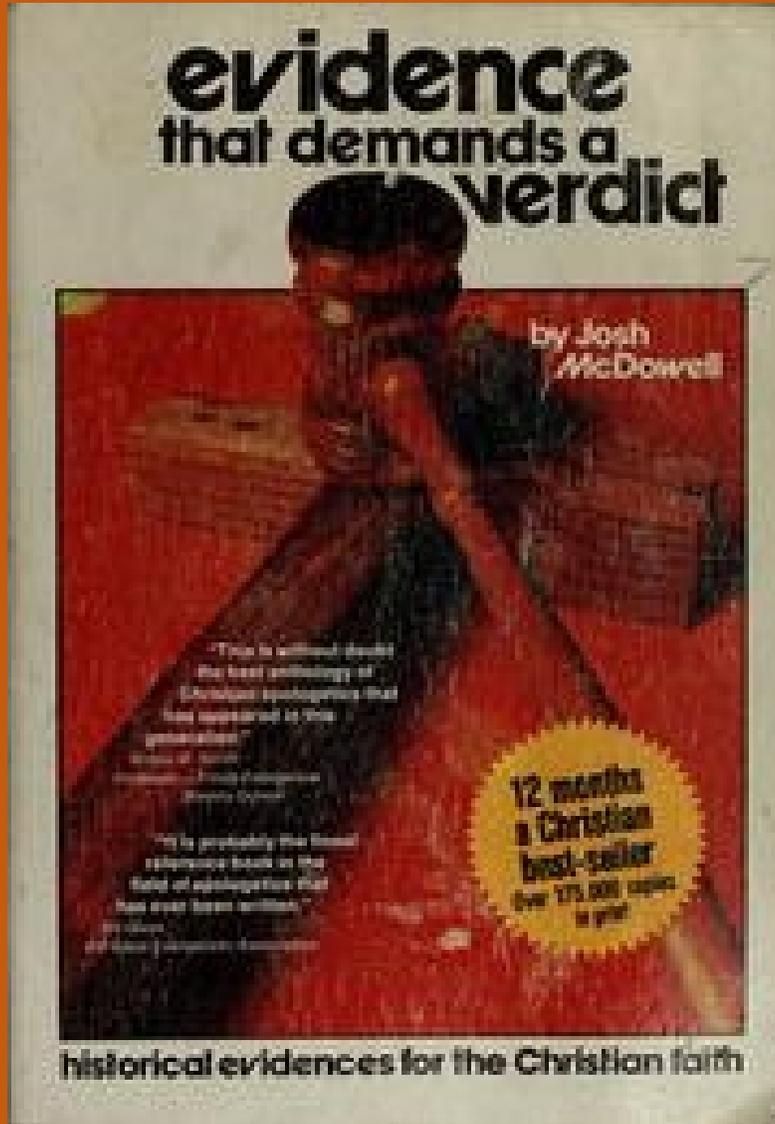


Wisdom – self-feeding of the mind/intellect

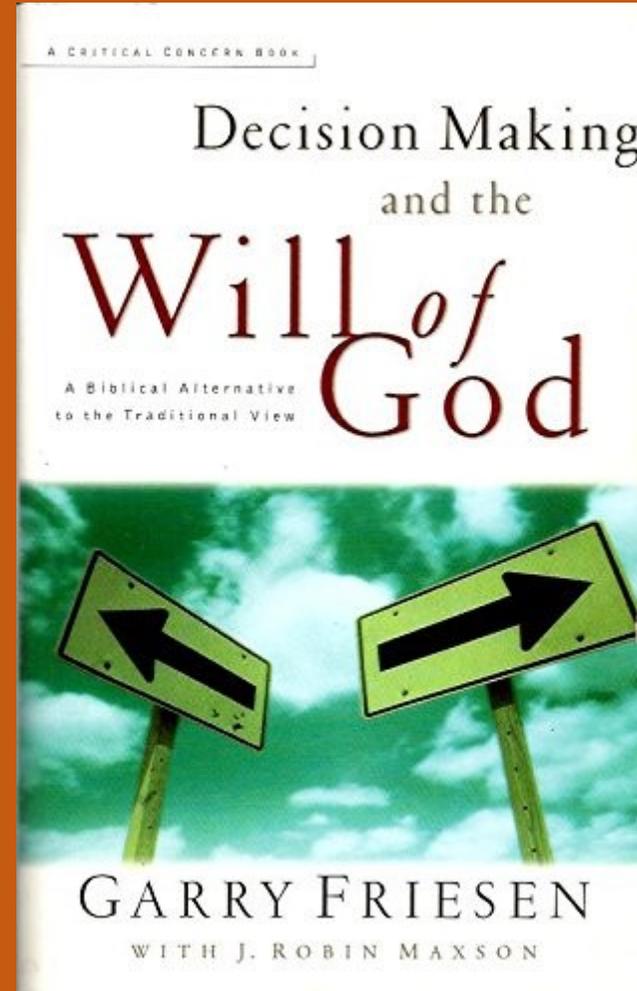
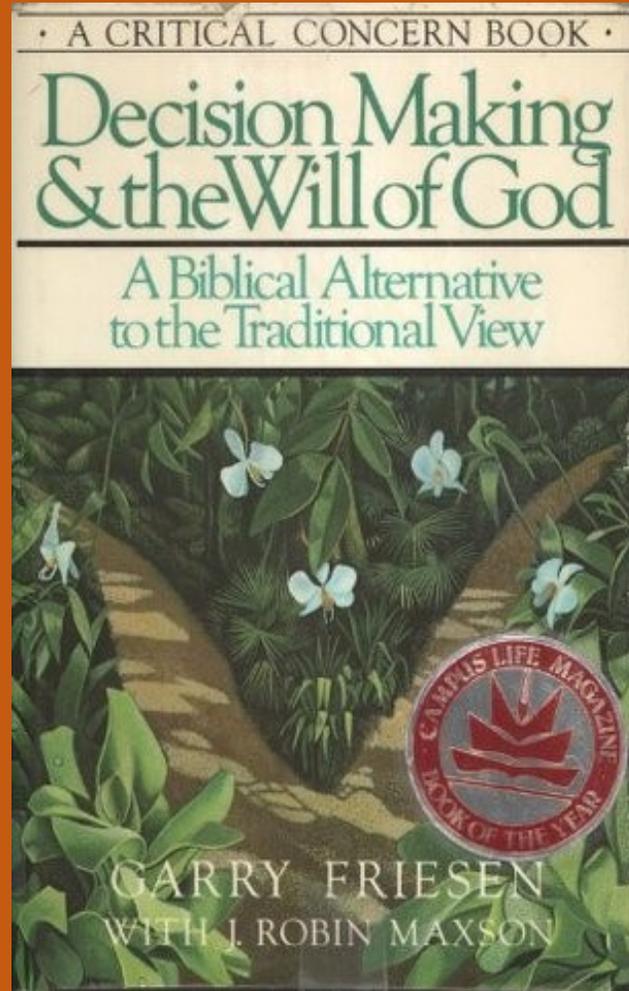
Conversations with wise and experienced people

Reading - Google/magazine/blogs/books etc

Self-feeding and holistic growth



Self-feeding and holistic growth



Self-feeding and holistic growth



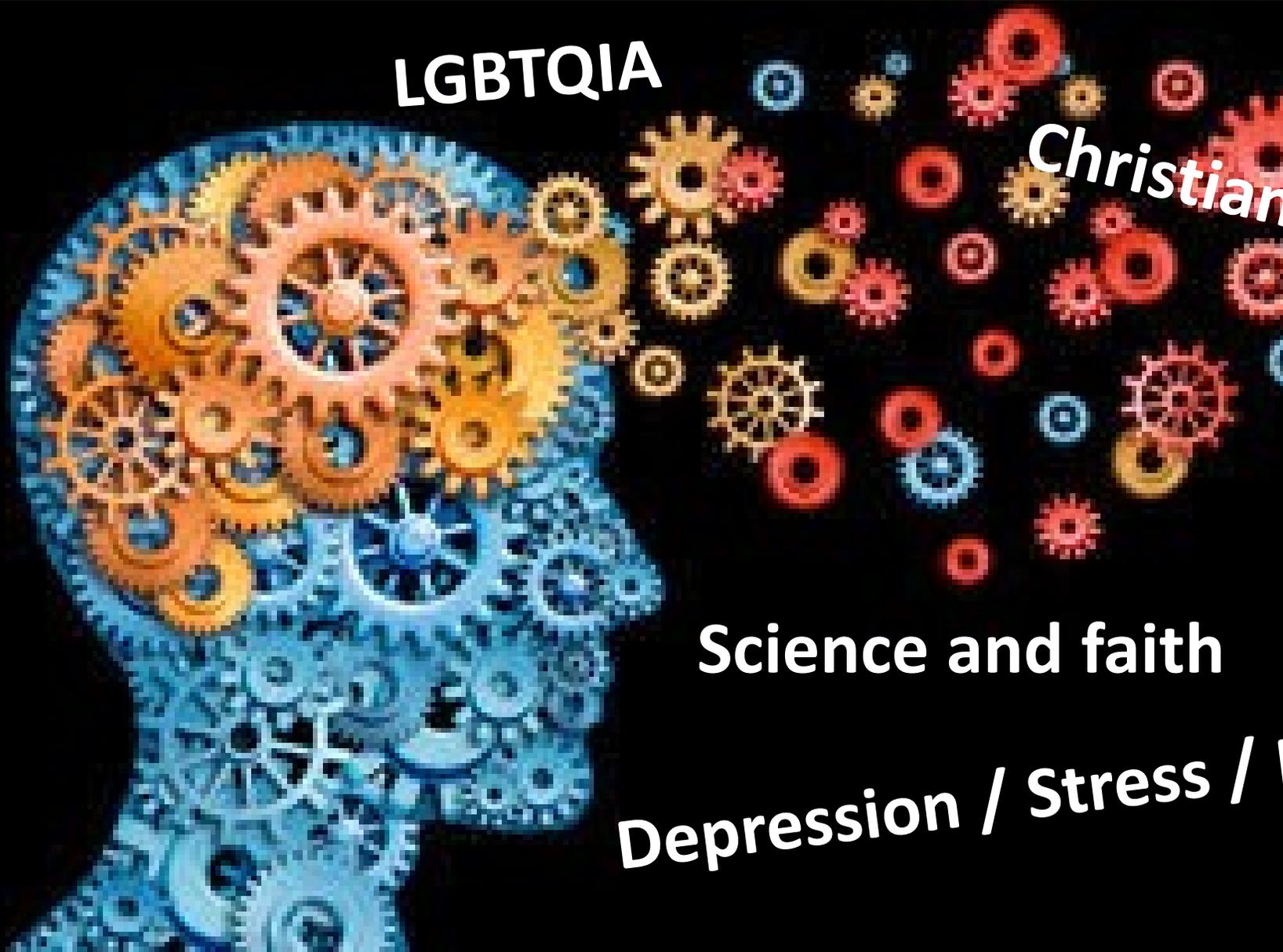
LGBTQIA

Christians / politics / society

Ethics

Science and faith

Depression / Stress / Mental illness



Self-feeding and holistic growth



Stature – self-feeding physically - eating well/healthily – eating sufficiently

Anorexia - Not eating enough – eating disorder



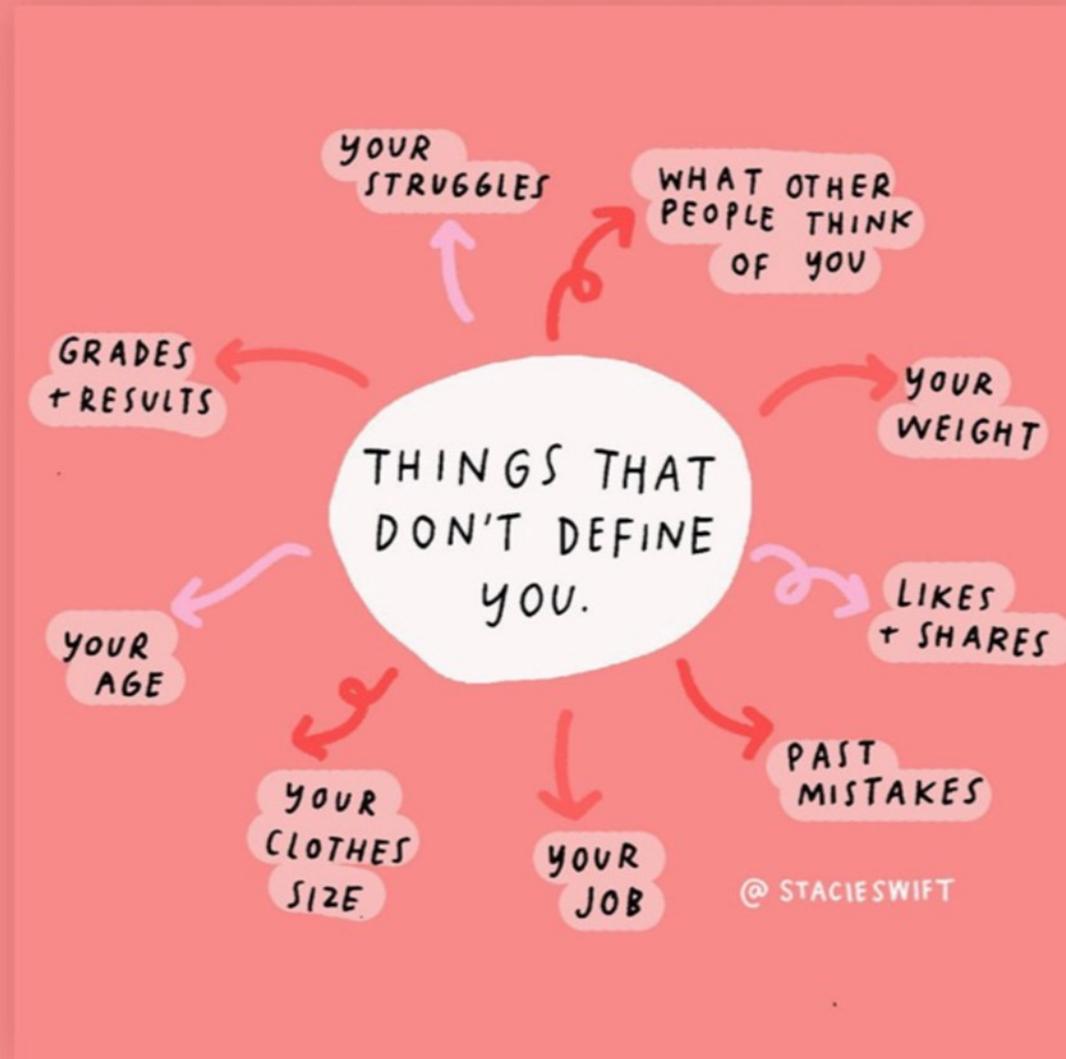
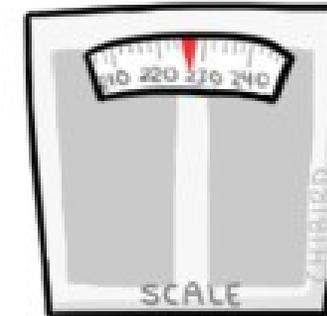
Video: 'They shoved a funnel down my throat to feed me': Teen, 17, who suffered a severe eating disorder for years shares her parents' desperate attempts to keep her alive

Teen who weighed less than 40kg after getting hooked on green juices and fast workouts claims social media triggered her anorexia - as horrific footage shows her parents force feeding her up to SEVEN times a day.

Self-feeding and holistic growth



your weight does not define your self-worth.



Self-feeding and holistic growth



**DEFINE YOURSELF AS
ONE BELOVED BY GOD.
THIS IS THE TRUE
SELF. EVERY OTHER
IDENTITY IS ILLUSION.
-BRENNAN MANNING**



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Self-feeding and holistic growth



Favour with man – self-feeding in how to relate to people

Love our neighbours

Love our enemies

Loving others is a decision

Need God's help

Self-feeding and holistic growth



Favour with God – self-feeding in growing our relationship with God

Spiritual disciplines

Following/obeying

Growing in faith/trust

Devotional life – meeting God regularly with through His Word.

Self-feeding and holistic growth



What will encourage self-feeding?

We grow best when we are serving

Self-feeding and holistic growth



The invitation to eat/self-feed

Isaiah 55:1-3 (ESV)

¹ “Come, everyone who thirsts, come to the waters; and he who has no money, come, buy and eat! Come, buy wine and milk without money and without price.

² Why do you spend your money for that which is not bread, and your labor for that which does not satisfy? Listen diligently to me, and eat what is good, and delight yourselves in rich food. ³ Incline your ear, and come to me; hear, that your soul may live; and I will make with you an everlasting covenant, my steadfast, sure love for David.

Self-feeding and holistic growth



The parable of the Great Banquet Luke 14:16-24 (ESV)

Self-feeding and holistic growth



I cannot come.

I cannot come to the banquet
Don't trouble me now



Now God has written a lesson for the rest of the mankind;
If we're slow a responding, He may leave us behind.
He's preparing a banquet for that great and glorious day
when the Lord and Master calls us, be certain not to say:

I cannot come to the banquet,
I cannot come to the banquet,
don't trouble me now.
I have married a wife;
I have bought me a cow.
I have fields and commitments
that cost a pretty sum.
Pray, hold me excused,
I cannot come.

I Cannot Come to the Banquet

<https://www.youtube.com/watch?v=JC2NgfkfD5c>

Self-feeding and holistic growth



There should be joy in eating – self-feeding

Psalm 1:1-3 (ESV)

¹ Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers;

² but his **delight is in the law of the LORD, and on his law he meditates day and night.**

³ He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.

Self-feeding and holistic growth



The invitation to self-feed



Jom Makan!